



# THE FOUNDATION FOR HOMELESS & POVERTY MANAGEMENT

*Real Help for Real People*

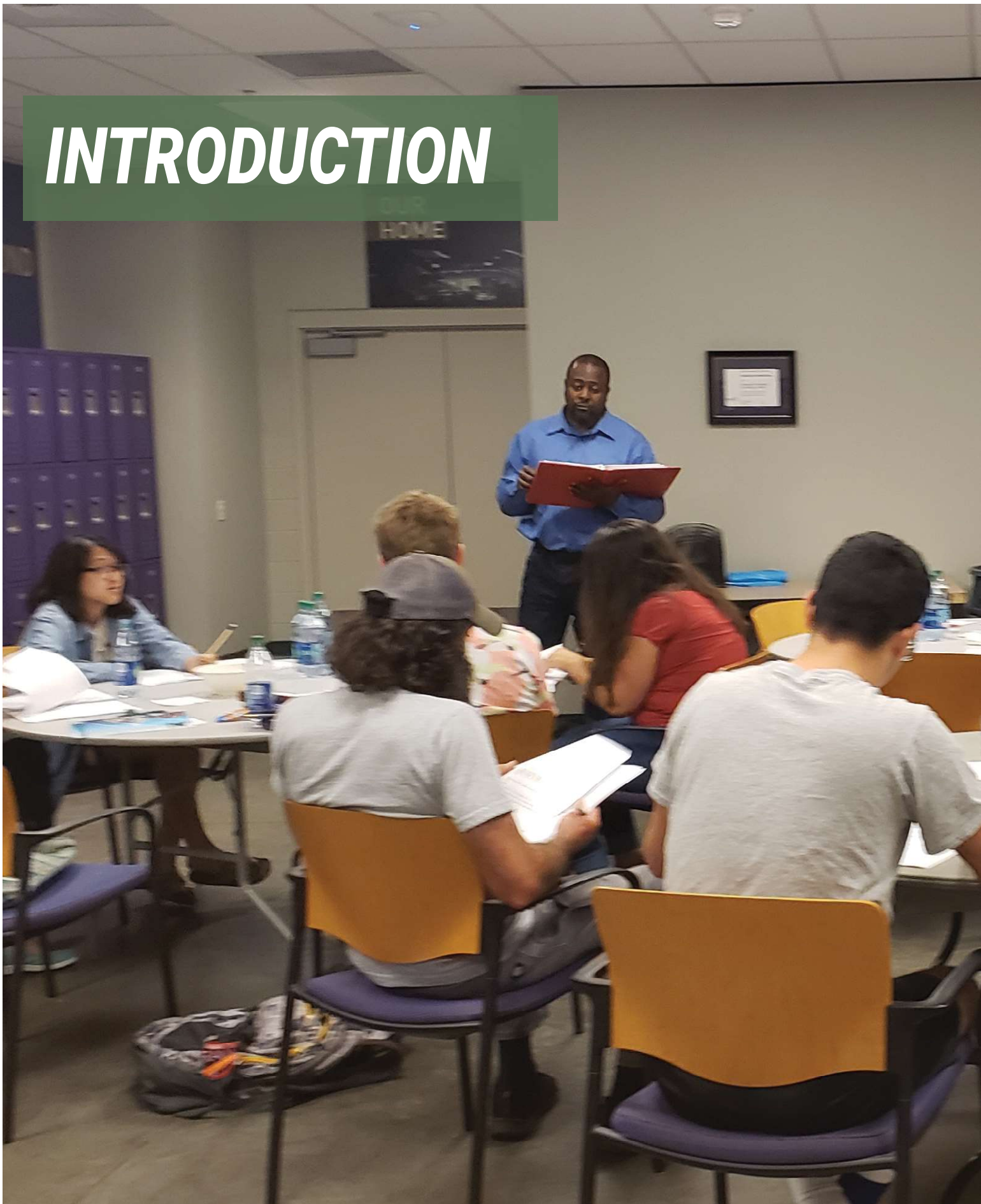
*a BIPOC run 501(c)3 organization*

## Our Mission

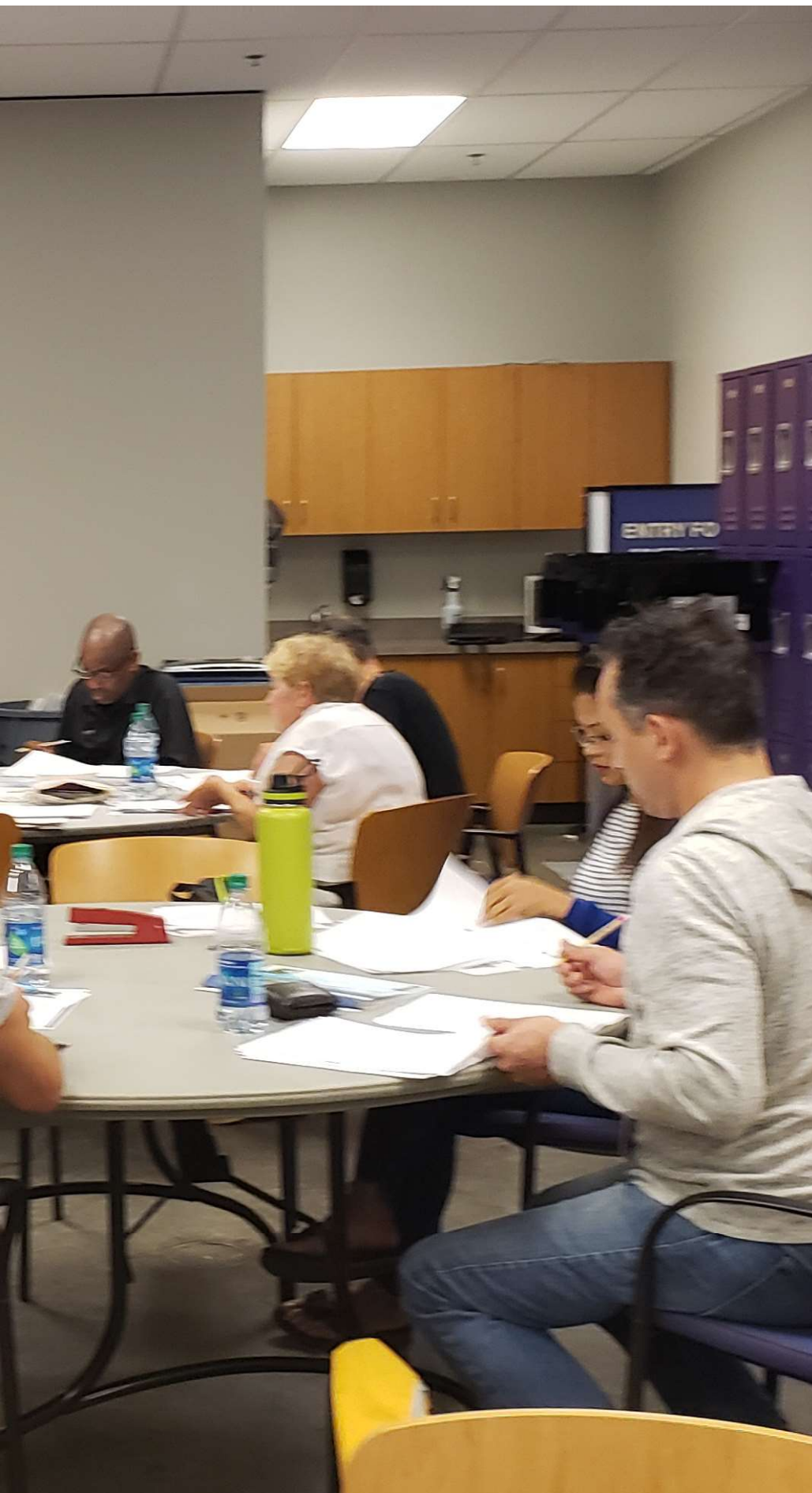
To prevent generational poverty and homelessness breaking the pattern for parents and their children.



# INTRODUCTION







The Foundation for Homeless and Poverty Management (FHPM) is an African American majority run 501(c)3 nonprofit organization focusing on homeless and the mechanism pertaining to structural poverty. People who are living in poverty or surviving homelessness already feel hopeless and degraded especially when people do not look at them as struggling human beings in need of help. FHPM take a two generational approach to helping people where they are at and where parents and children receive equal space for growth and development. FHPM implements this structure to help individuals and families surviving homelessness and living in poverty see a future without poverty in themselves and generations to come. By taking a two generational approach of helping children and adults, FHPM addresses the barriers limiting family's success and create a foundation allowing both child and parent to get what is needed and develop their future.

# ***MAKE OPPORTUNITY REACH EXCELLENCE***

# ***M.O.R.E.***

# ***PROGRAMS***



## **LIFE SKILLS TRAINING**

Life skills are the skills that a person must possess in order to successfully live in today's world. These include knowing how to work at a job, be part of a team, manage money, manage time, live as part of a family and learning effective communication skills.



## **TIME MANAGEMENT**

Time management includes learning how to deal with stressful mornings, preparing for days activity, setting daily reminders, using a time-management calendar, learning to create to-do lists, plan the day, and learning how to say no without conflict.



## **FATHER'S PROGRAM**

Fathers living in poverty or surviving homelessness are unable to spend enough time with their children or be in their lives. The Father's Program helps father be more active in their the children's lives giving them support and creative ways to interact with their children.



## **MONEY MATTERS**

Understanding the role money plays by learning how to manage money, balance a checkbook, make a bank deposit, use an ATM card, withdraw money, write a check, pay bills, and create a budget. Included is a financial component to help understand how to save for retirement and the benefits insurance.



## **HONOR YOU PROGRAM**

The Honor You Program gives veterans an opportunity to learn how to get back to civilian life including family relationships while acknowledging all the sacrifices they made for our country. This program encourages veterans to develop their passions and possibly turn it into financial stability.



## **EMPLOYMENT**

Learning how to effectively search and work at a job. Understanding your timesheet and what all the employment forms mean. How to communicate with coworkers and supervisors including dealing with conflict, learning how to deal with customers, co-workers, and staying calm under pressure.





# *Life Skills Training*

Adult Life Skills Training is for individuals who may have been forced into adulthood at a young age (i.e. runaways, teen pregnancy, dropping out of school, getting kicked out of the home etc.) and did not get a chance to learn essential skills to maintain being a functional adult in society. Webster's Dictionary defines adulthood as "the period in the human lifespan in which full physical and intellectual maturity have been attained." Unfortunately, many people do not have the skills to become successful adults. Taking a two generational approach, The Adult Life Skills Program helps individuals and their children to understand the core responsibilities of adulthood and to maintain and generate priorities that helps benefit themselves, their families now and in the future. This program meets two times per week allowing for

real time practices and individual growth so participants can see where growth, understanding, and a foundation needs to be implemented. The bases of our analysis of the individuals are generated from where they are at in their life at that moment when they sign up for the program. Training can happen at various location. The outcome is that participants should leave with the full understanding of responsibility, prioritization in their life, commitment, importance of relationships (internally and externally) family dynamics, wealth building and generating income as well as parenting for the future. The program consist of licensed booklets, links, counseling, and others experiences to show forth the drive for individuals to achieve responsibility and stability.

Photo by Bermix Studio on Unsplash



Age does not make an individual an adult. Life experiences and what you learn from them does.





Photo by Heather Zabriskie on Unsplash



# *Time Management*

One of the most crucial and effective parts of an individual's adult life is being able to manage what they must deal with daily. For adults to understand how to balance their time they must understand health and wellbeing in their personal life. Sharing time between family life, work, and personal care is the foundation for a healthy life and focus. Participants learn how to clearly layout a strategic plan to accomplish and prioritize tasks for their family's success in life. The Time Management program gives guidance for people to know when to stop, accept and disregard projects, tasks and events impacting and derailing schedules and personal times in their families. Participants create projects based on current life situations and lay out a plan helping develop skills

in time management for life. Anywhere from being a student-parent, employee, a parent, entrepreneur, athlete, and a human being. The Time Management program helps give a solid foundation as well as clear guidance on how to manage all the tasks in each area of the participants lives.






# ***Father's Program***

Photographs on Unsplashd  
Left: Picsea  
Right: Gift Habeshaw





Thousands of fathers are on child support with court ordered visitations. Many fathers are unable to spend enough time with their children or be in their lives because they are living in poverty or are surviving homeless. The Fathers Program has been developed to give fathers tools to be able to strengthen their relationships with their children. Fathers learn how to manage their time and communication with their children daily. The Fathers Program shows fathers how to be a part of their children's growth, education, and personal life while handling the relationship with the custodial parent. The Fathers Program help fathers on child support

greater than 30% of their income as ordered by the court with visitation and time with their children. The Fathers Program gives financial support to fathers to take their children to events, movies, and other things they want to do with their children together but are unable to do so due to living in poverty or surviving homelessness to help strengthen and nurture the relationship between father and child.





# Money Management

A savings account and paying your bills is what most people think money management is all about, but research shows that one in seven people are financially illiterate. When people talk about generational wealth and saving for tomorrow, it goes way beyond just having a savings and bank account. This program participants learn how to invest in stocks and bonds, pay their bills, get life insurance that provides a safety net if something should happen to them. This program shows how to set financial goals that allow their family to go after items that create assets and family wealth. Individuals learn to save money as well as build financial stability for their families for the long term, from paying bills to saving for college. This program gives participants the true understanding of financial management.

Photo by Jonathan Borba on Unsplash





# Financial Understanding

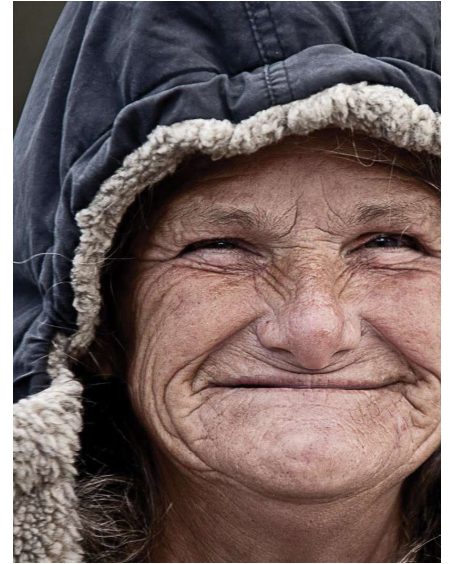
From understanding what a dividend to understanding how interest works, the financial understanding program does not just talk about checks and balances but explains definitions that affect a person's financial literacy. To know what a bond is or how to calculate a car payment with a down payment. These are things that give many people who are wealthy the advantage. Having financial literacy, individuals receive a book and examples of financial terms that affect their lives. The program teaches parents and children how to gain financial literacy. Our two generational approach give parents and children the knowledge of financial literacy. It is our goal to make sure that each participant and their family how to create generational wealth to help break the cycle of poverty.



# Communications

This program is designed for people who do not know how to communicate on how to get across their feelings, emotions, thoughts, goals, and ideas. This program focuses on individuals that need to learn how to strengthen other communications skills to help them succeed in life. The participants gain true understanding of verbal, nonverbal, visual, and what our foundation believes is emotional communications. Individuals learn to utilize these skills in their everyday life to make sure they are clearly projecting exactly what they want to communicate to others. Studies show that the lack of proper communications leads to unnecessary hardships and misunderstandings in all levels of relationships. Individuals meet twice a week for a

year and are given opportunities to express and communicate in different ways within a group as well as develop communication projects on all four communication skills. Individuals can showcase their growth by the end of the program. The program's outcome is for individuals to leave with complete confidence of being able to communicate on all levels in all areas of life. Participants gain a true understanding of projecting their vision for their life to others in a way that enhances them and their family's future. The program consist of license booklets, links, counseling, and others experiences to show forth the drive for individuals to achieve responsibility and stability.



"The most important thing in communication is to hear what isn't being said."  
– Peter Drucker





# Building Relationship

Relationships are crucial to adults in all levels of life. Personal, business, emotional, parental, and financial relationships help adults understand who they are as individuals. The practice of nurturing a relationship is a mechanism which must be strengthened to ensure there are clear and precise understandings of the nature of the relationships. Relationships take time to build and trust to keep it maintained. When individuals do not have the tools to work on those areas to keep a relationship solid it causes many disruptions in people's lives. Society focuses on a romantic relationship more than any other

relationship but like a professional team if there is no comradery among the players' relationships it can be detrimental to the success of the team. Although, relationships like our mail carrier, landlord, our co-workers might not be deemed as highly important, they are crucial to the health and wellbeing of an individual's life. The program teaches individuals how to develop, nurture, strength and keep good relationships with people in the inner and outer circles. Participants bring in real life scenarios of relationships whether they were good, bad or have been destroyed.

Photograph from Unsplash:  
Left: Sean Thomas  
Above: Priscilla Du Preez  
Below: Bret Kavanaugh

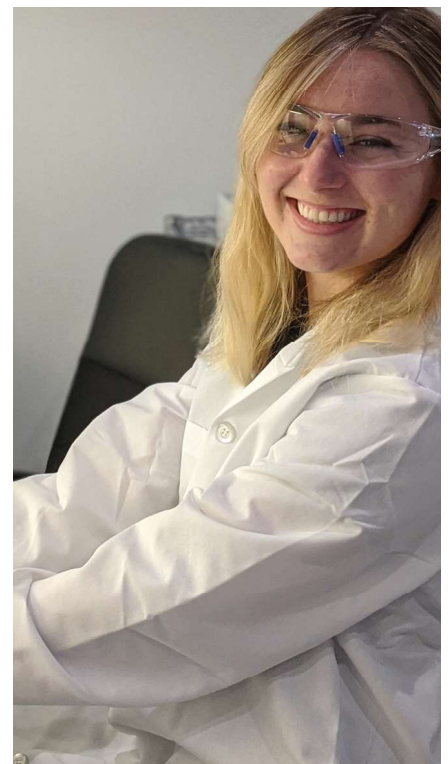






Photo by Bermix Studio on Unsplash





## ***Honor You Program***

Many of our veterans are struggling mentally, emotionally, and physically. The Honor You Program acknowledges the sacrifices our veterans have made and ensure they are not forgotten for the service they have given to this country. As a civilian run program, FHPM gives veterans an opportunity to learn how to get back to civilian life including family relationships, starting a business, getting a place to stay, and productive communications. The Honor You is a well-rounded program allowing civilians to show appreciation for veterans struggling with homelessness and poverty while letting them know they still matter. From book clubs, painting projects and group activities give our veterans the space to express their mental and emotional baggage. With trained civilian counselors who work with individuals and groups meeting three times a week to help veterans better deal with everyday issues and understand their emotional pain stopping them from living their best life. This program encourages veterans to develop their passions and love for something and turn it into financial stability.





Photo by Christina @ wocintechchat.com



# Employment

The word employment is defined as “something that somebody does for pay” but the Foundation for Homeless and Poverty Management looks at employment as a tool to enhance an individual’s life. Individuals learn and understand how to use their employment as a launching pad for their individual goals, accomplishment, and educational development. Participants develop an understanding of job politics and goal setting within the organization they are employees. Participants with entrepreneur desires can learn how to use their employment to enrich their knowledge for their own entrepreneurial dreams. The program shows participants how to not take employment not just for

financial stability but for personal goals and gains. This program shows individuals how to discern how employment can lead to the development of entrepreneurial dreams. A key element the program teaches those working in the field that they love how to utilize their on-job experience to create their life dream. Individuals learn when they take employment how it can benefit their family life to become stable from what is offered by the employer.





“Success is to be measured not so much by the position that one has reached in life as by the obstacles which he has overcome while trying to succeed.”

— Booker T. Washington

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### **Our Vision**

To give people living  
in poverty or surviving  
homelessness a chance to  
thrive, not just survive.